

β -Carotene

Handling/Processing

Identification of Petitioned Substance

Chemical Name: β -Carotene; B-Carotene**CAS Number:**

7235-40-7

Other Names: β,β -Carotene; Carotaben; Provatene; Solatene;
all-*trans*- β -Carotene**Other Codes:**EINECS No. 230-636-6
INS¹ No. 160a(ii)

Characterization of Petitioned Substance

Composition of the Substance:

Carotenoids are natural pigments, which are synthesized by plants and are responsible for the bright colors of various fruits and vegetables. They act as photosynthesis aids and for the photo-protection of their hosts (Isler, 1971; Britton and others, 1995). Several dozen carotenoids are in the foods we eat, and most of these have antioxidant activity. β -Carotene is the most common carotenoid consisting of a highly branched, unsaturated chain containing identical substituted ring structures at each end; see Figure 1.

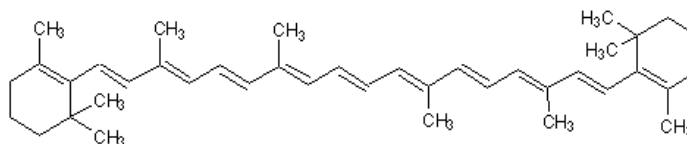


Figure 1. β -Carotene Chemical Structure

It is made of two molecules of retinol² (an alcohol), Figure 2 (see below), and possesses maximal provitamin A activity (Ball, 1996). Retinol can only be found in animal sources and can be converted by the body into retinal (an aldehyde) and retinoic acid (a carboxylic acid), other active forms of vitamin A.

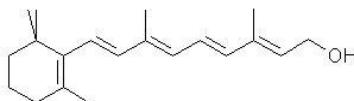


Figure 2. Retinol Chemical Structure

Carotene was first isolated from carrots by Wackenroder in 1831 (Davies, 1976). It is a general term describing certain polyene hydrocarbons containing 40 carbon atoms. Three of these, α -, β -, and γ -carotene, as well as some closely related oxygen-containing carotenoids, exhibit provitamin A activity (SCOGS Report No. 111). The petitioned substance has the molecular formula $C_{40}H_{56}$ and is comprised of 89.49% C and 10.51% H (Merck Index, 2006).

In plants, β -carotene occurs almost always together with chlorophyll (Merck Index, 2006). It is the major coloring principle in carrot and as well palm oil seed extracts. In addition, β -carotene is found in cantaloupe, apricots,

¹ International numbering system.

² Retinol is a form of vitamin A, also called preformed vitamin A.

41 sweet potatoes, pumpkin, winter squash, mangos, collard greens, spinach, kale, broccoli, and other orange, red,
42 and dark green fruits and vegetables.

43

44 **Properties of the Substance:**

45

46 The petitioned substance occurs as red crystals or crystalline powder (FCC, 2010-2011). The absorption
47 spectrum of β -carotene shows between 400-500 nm, which is the green/blue part of the spectrum (Isler,
48 1971). Therefore, the molecule of β -carotene absorbs green/blue lights and gives off red/yellow colors.

49

50 The petitioned substance is insoluble in water, acids and alkalies, but is soluble in carbon disulfide and
51 chloroform. β -Carotene is practically insoluble in methanol and ethanol, and is sparingly soluble in ether,
52 hexane, and oils (FCC, 2010-2011). The diluted solution is yellow. It absorbs oxygen from the air giving
53 rise to inactive, colorless oxidation products (Merck Index, 2006). In other words, β -carotene changes in
54 color from a fairly deep reddish-orange to the oxidized product, which is a light, yellowish gray (Furia,
55 1972). β -Carotene melts between 176° C and 182° C, with decomposition. Its molecular weight is 536.87
56 g/mol (Merck Index, 2006; FCC, 2010-2011).

57

58 The best characterized natural functions of carotenoids (including β -carotene) are to serve as light-
59 absorbing pigments during photosynthesis and protection of cells against photosensitization (SCF, 2000).
60 In plants, carotenoids have the important antioxidant function of quenching (deactivating) singlet oxygen,
61 an oxidant formed during photosynthesis (Halliwell and Gutteridge, 1999). Although important for plants,
62 the relevance of singlet oxygen quenching to human health is less clear (LPI, 2009).

63

64 **Specific Uses of the Substance:**

65

66 β -Carotene is a direct human food ingredient which functions as a color additive and a nutrient
67 supplement. This substance is used in dairy products, fats and oils, and processed fruits and fruit juices; it
68 may be used in infant formula as a source of vitamin A in accordance with 21 CFR §184.1254. In order to
69 be commercially traded, the petitioned substance must be formulated in hydrophilic (juices and drinks) or
70 lipophilic (butter, margarine, and cheese) matrices for food industry application (Ribeiro and others, 2011).

71

72 The petitioner stated that β -carotene would be used to color food and beverage products including, but not
73 limited to, yogurts, dairy beverages, ice cream, pudding, confectionery, bakery products, and condiments.

74

75 According to FDA, the color additive β -carotene may be safely used in coloring drugs and cosmetics. It can
76 be applied to an array of animal foods designed for pets, including dogs, cats, fish, and birds (Dufosse and
77 others, 2005).

78

79 **Approved Legal Uses of the Substance:**

80

81 **USDA** – Synthetic β -carotene is not currently listed on the National List of Allowed and Prohibited
82 Substance under 7 CFR 205.605 as a nonagricultural (nonorganic) substance allowed in or on processed
83 products labeled as “organic” or “made with organic (specified ingredients or food group(s)).” However,
84 “beta-carotene extract color, derived from carrots (CAS # 1393-63-1)” is listed on the National List under
85 §205.606(d)(3) as a nonorganically produced agricultural product (a color derived from an agricultural
86 product.) allowed as an ingredient in or on processed products labeled as “organic.”

87

88 **FDA** – In 21 CFR §184.1245, it is stated “ β -carotene (CAS Reg. No. 7235-40-7) has the molecular formula
89 $C_{40}H_{56}$. It is synthesized by saponification of vitamin A acetate.” Furthermore, in Section §73.95, it is stated
90 “The color additive is β -carotene prepared synthetically or obtained from natural sources.” Uses of β -
91 carotene are listed in Table 1, see below.

92

93
94

Table 1. FDA Regulations, 21 CFR

Regulatory Citations		Status	Use Limits
SUBCHAPTER B – FOOD FOR HUMAN CONSUMPTION	Part 184 – Direct Food Substances Affirmed As Generally Recognized As Safe Subpart E – Listing of Specific Substances Affirmed as GRAS §184.1245 B-carotene	(1) As a nutrient supplement. (2) As an ingredient in dairy products, fats and oils, processed fruits and fruit juices; and in infant formula as a source of vitamin A.	No limitation other than current good manufacturing practice (GMP).
SUBCHAPTER A – GENERAL	Part 73 – Listing of Color Additives Exempt from Certification		
	Subpart A – Food §73.95 β-Carotene	Color additive mixtures for food use.	The mixtures may contain only diluents that are suitable and that are listed in this Subpart as safe in color additive mixtures for coloring foods.
	Subpart B – Drugs §73.1095 β-Carotene	This color additive may be safely used in coloring drugs generally, including those intended for use in the area of the eye, in amounts consistent with GMP.	The diluents in color additive mixtures are limited to those listed in this subpart as safe and suitable in color additive mixtures for coloring ingested drugs.
	Subpart C – Cosmetics §73.2095 β-Carotene	This color additive may be safely used in coloring cosmetics generally, including cosmetics intended for use in the area of the eye, in amounts consistent with GMP.	

95
96
97
98
99
100
101
102
103
104

Action of the Substance:

The petitioned substance occurs naturally as its isomers, namely, *all-trans*, *9-cis*, *13-cis* and *15-cis* forms (Wang and others, 1994) and functions as an accessory light harvesting pigment, thereby protecting the photosynthetic apparatus against photo damage in all green plants including algae (Ben-Amotz and others, 1987). The majority of carotenoids found in nature occur in the *all-trans* form (e.g, the β-carotene in carrots, tomatoes, and sweet potatoes) and are molecularly identical to synthetic β-carotene, which is completely made up of the *all-trans* isomer. β-Carotene derived from algae is a mix of the *9-cis* and *all-trans* isomers (Patrick, 2000).

105
106 β -Carotene can be used as a color additive (as a food colorant) and/or a nutrient supplement (as a source
107 of vitamin A). Its actions in different applications are as follows:

- 108
109 ➤ Use as a food colorant — the petitioned substance used to impart, preserve, or enhance the color or
110 shading of a food. It is used to add or restore color in a food in order to enhance its visual appeal and
111 to match consumer expectations.
112
113 ➤ Use as a source of vitamin A³ — β -carotene is a vitamin A precursor (or called a provitamin A
114 carotenoid⁴) meaning it can be converted by the body to retinol⁵ and be subsequently made into retinal
115 and retinoic acid (other forms of vitamin A). [Note: Common provitamin A carotenoids are α -carotene,
116 β -carotene, and β -cryptoxanthin. Among these, β -carotene is most efficiently made into retinol; α -
117 carotene and β -cryptoxanthin are also converted to vitamin A, but only half as efficiently as β -carotene
118 (IMO, 2001).] Retinol and retinal can be reversibly oxidized and reduced; but retinoic acid cannot be
119 converted back to retinal after it has been formed.
120

121 Absorbed β -carotene is principally converted to vitamin A by the enzyme β -carotene-15,15'-
122 dioxygenase within intestinal absorptive cells (IOM, 2001). The central cleavage of β -carotene by this
123 enzyme will, in theory, result in two molecules of retinal (also called retinaldehyde). β -Carotene can
124 also be cleaved eccentrically to yield β -apocarotenals that can be further degraded to retinal or retinoic
125 acid (Krinsky and others, 1993). The retinal form is required by the eye for the transduction of light
126 into neural signals necessary for vision (Saari, 1994); the retinoic acid form is required to maintain
127 normal differentiation of the cornea and conjunctival membranes, thus preventing xerophthalmia, as
128 well as for the photoreceptor rod and cone cells of the retina (IOM, 2001). In addition, vitamin A plays
129 an important role in bone growth, reproduction, immunity, cell development, and skin health (NIH,
130 2006).
131

132 Research by Ben-Amotz and Levy (1996) indicated that the 9-*cis* isomer has more antioxidant activity
133 than the all-*trans* isomer, likely because the -*cis* isomer is the direct precursor to 9-*cis* retinoic acid
134 (Patrick, 2000).
135

136 Vitamin A in foods that come from animals can be well absorbed and used efficiently by the body.
137 However, vitamin A in foods that come from plants cannot be as well absorbed as animal sources of
138 Vitamin A.
139

140 **Combinations of the Substance:**

141
142 β -Carotene is a precursor to vitamin A. Vitamin A is allowed in organic handling per 7 CFR 205.605(b),
143 which permits the use of "nutrient vitamins and minerals, in accordance with 21 CFR 104.20." Specifically,
144 vitamin A may be added to food at levels provided in 21 CFR 104.20(d)(3), i.e., levels of up to 5,000 IU (the
145 reference daily intake).
146

³ Vitamin A is a general term for a group of compounds that includes provitamin A carotenoids and preformed vitamin A.

⁴ Provitamin A carotenoids are found in foods that come from plants including oily fruits and red palm oil.

⁵ Retinol, also called preformed vitamin A, is found in foods that come from animals, including beef liver, whole eggs, whole milk, margarine, and some fortified food products such as breakfast cereals.

Status
147
148
149 <u>Domestic:</u>
150
151 EPA – Neither List 4A (<i>Minimal Risk Inert Ingredients – By Chemical Name</i>) nor List 4B (<i>Other ingredients for</i> 152 <i>which EPA has sufficient information to reasonably conclude that the current used pattern in pesticide products will</i> 153 <i>not adversely affect public health or the environment – By Chemical Name</i>) contains β -carotene. Lists 4A and 4B 154 were updated by August 2004. However, “.beta.,.beta.-Carotene; CAS No. 7235-40-7” is listed in EPA 155 Substance Registry Services, updated on June 16, 2011.
156
157 FDA – β -Carotene is affirmed as GRAS, see Table 1 in the Approved Legal Uses of the Substance section, 158 in 1979. The petitioned substance may be used as a nutrient supplement or a color additive. β -Carotene 159 may be the subject of an antioxidant nutrient content claim on food labeling (21 CFR §101.54(g)(3)). 160 According to 21 CFR §73.95 (e), certification of this color additive is not necessary for the protection of the 161 public health and therefore batches thereof are exempt from the certification requirements.
162
163 <u>International:</u>
164
165 Codex – In the food additive groups listed on Table One (<i>Additives Permitted for Use Under Specified</i> 166 <i>Conditions in Certain Food Categories or Individual Food Items</i>) of Codex General Standard for Food Additives: 167 “INS 160a(ii) β -Carotenes (vegetable)” is under “CAROTENES, B-(VEGETABLE)”; “INS 160a(i) β - 168 Carotenes (synthetic)” and “INS 160a(iii) β -Carotenes (<i>Blakeslea trispora</i>)” are under “CAROTENOIDS”. 169 They are classified as color. β -Carotene can be used in dairy, fruit and vegetable, fish and processed meat, 170 baked, and confectionery products. This standard was revised in 2010.
171
172 Annex 2 of the Codex Standards for organically-produced foods does not list β -carotene as an approved 173 additive for use in organic food (Codex Alimentarius Commission, 2010). Coloring agents from natural 174 sources are allowed; however, this statement is only made in the feeding section of the livestock standards.
175
176 European Union – “E 160a(ii) B-CAROTENE” is listed under ANNEX of COMMISSION DIRECTIVE 177 2004/47/EC of 16 April 2004 amending Directive 94/45/EC as regards mixed carotenes (E 160a (i)) and β -carotene (E 178 160a (ii)). Function as colors for use in foodstuffs (Directive 94/36/EC). [Note: “E 160a(i) MIXED 179 CAROTENES” include plant and algal carotenes; “E 160a(ii) B-CAROTENE” include β -carotene and β - 180 carotene from <i>Blakeslea trispora</i> .]
181
182 The European Commission Regulation EC No. 889/2008 does not list β -carotene as an allowed substance 183 for use in production of processed organic food. Colors are only listed in these organic regulations as 184 allowable “for stamping meat and eggshells in accordance with, respectively, Article 2(8) and Article 2(9) 185 of European Parliament and Council Directive 94/36/EC ,” which is described above.
186
187 Canada – “ β -Carotene” is included in Natural Health Products Ingredients Database. Purposes: color 188 additive. “Carotene” is also under <i>Food Additives Permitted for Use in Canada</i> . On March 25, 2011, Canadian 189 Food Inspection Agency proposed amendments to the livestock Feeds Regulations. “ β -carotene” is listed 190 on Class 7 (<i>Vitamin Products and Yeast Products</i>) of Schedule IV (Part II) of the proposed updated version.
191
192 β -Carotene is not included on the Canadian General Standards Board’s (CGSB’s) Permitted Substances List 193 for processing of organic food. Non-organically derived colors may be used in organic food processing if 194 derived from non-synthetic sources without the use of synthetic solvents and carrier systems or artificial 195 preservatives. The CGSB’s General Principles and Management Standards (CAN/CGSB-32.310-2006), 196 Section 8.3.4, provides the following information related to the use of food additives and processing aids 197 (CGSB, 2011).
198
199 <i>Food additives and processing aids shall only be used to maintain:</i>

- 200 a. nutritional value;
201 b. food quality or stability;
202 c. composition, consistency and appearance, provided that their use does not mislead the consumer
203 concerning the nature, substance and quality of the food; and
204 i. there is no possibility of producing a similar product without the use of additives or
205 processing aids;
206 ii. they are not included in amounts greater than the minimum required to achieve the
207 function for which they are permitted.
208

209 **Japan** – “ β -Carotene (72)” is listed on Table 1 related to Articles 12 and 21 of the Food Sanitation Law
210 Enforcement Regulations by Japan Ministry of Health, Labor, and Welfare (MHLW). Last amendment as
211 of July 26, 2005. In addition, “ β -Carotene” and “Carrot carotene, a substance composed mainly of carotene
212 obtained from carrot roots” are appeared in *List of Designated Additives* and *List of Existing Food Additives*⁶,
213 respectively, under MHLW Food Additives.
214

215 β -Carotene does not appear on the list of approved food additives in the Japan Agricultural Standard (JAS)
216 for Organic Processed Foods. However, “edible plant extracts” are allowed if derived from natural sources
217 without the use of synthetic treatment, suggesting β -carotene extracted from carrots would be permissible.
218

219 **IFOAM** – The International Federation of Organic Agriculture Movements (IFOAM) does not list β -
220 carotene within its “Norms for Organic Production and Processing” (IFOAM, 2010).
221

Evaluation Questions for Substances to be used in Organic Handling

222
223
224 **Evaluation Question #1:** Discuss whether the petitioned substance is formulated or manufactured by a
225 chemical process, or created by naturally occurring biological processes (7 U.S.C. § 6502 (21)).
226

227 The petitioned substance can be manufactured by chemical synthesis; biological synthesis using
228 microorganisms or algae; or through extraction from plant sources.
229

(A) Chemical Synthesis

230
231 Synthetic β -carotene has been produced by Roche since 1954 and BASF since 1960. Each company uses a
232 different method for its production; however, both companies utilize the same precursor, β -ionone, which
233 was originally obtained by the condensation of acetone with citral (Russell and Kenyon, 1943). The sources
234 of citral, a C-10 unsaturated aldehyde, were lemon grass oil or turpentine from pine, which are natural
235 products. [Note: Natural lemon grass oil varies widely in purity, availability, and price.] However, β -
236 ionone is now produced from acetone or butadiene (Isler 1971; Britton et al. 1996).
237
238

239 The Roche production method of β -carotene is the first industrial synthesis (based on enol-ether
240 condensation, i.e. the Grignard reaction), followed the C₁₉+C₂+C₁₉ synthesis principle. The chain
241 lengthening proceeds in three steps: (1) acetal formation, (2) Lewis acid-catalyzed insertion of the enol-
242 ether, (3) hydrolysis of the acetal and elimination of alcohol (Britton and others, 1996).
243

244 The BASF production method of β -carotene is based on the Wittig condensation (Wittig reaction), followed
245 the C₂₀+C₂₀ synthesis principle. It starts with phosphonium salts reacting with an aldehyde, generating a
246 double bond and enlarging the polyenic chain. During the reaction, vitamin A acetate is formed which can
247 be used as a starting material for the preparation of carotenoids.
248

⁶ The substances that were already marketed or used on the date of the amendment of the Food Sanitation Law and appear in the List of Existing Food Additives

249 The synthesis process of β -carotene from Roche presents a yield of 60%, while the process used by BASF
250 presents a yield of 85%. However, the BASF method, based on the Wittig reaction, requires
251 triphenylphosphine oxide recycling, due to its low biodegradability (Isler 1971; Britton and others, 1996).

252
253 BASF can also produce 99.9% pure, crystalline β -carotene, but it does not sell it in this form (US Court of
254 International Trade Reports, 2005). For example: In the production of Lucaroltin® 1% (a food colorant), it
255 takes the synthetic β -carotene crystals and disperses them in vegetable oil with heat, making it into a
256 solution. This solution mixes with another solution containing sugars and dextrin, then vitamin
257 emulsifiers in the ester form and ascorbyl palmitate are added (US Court of International Trade Reports,
258 2005).

259 260 (B) Biological Production Methods

261 262 ➤ β -Carotene from microorganisms (fungi, yeasts, or bacteria)

263
264 β -Carotene can be produced by filamentous fungi, such as *Blakeslea trispora* and *Phycomyces*
265 *blakesleeanus*, which also generate ubiquinone, ergosterol, organic acids, and others carotenoids like
266 lycopene, γ -carotene, and phytoene (Ribeiro and others, 2011). According to JECFA specification
267 (2007), β -carotene is produced by a fermentation process using the two sexual mating types (+) and (-)
268 of the fungus *Blakeslea trispora*. β -Carotene is then isolated from the biomass by solvent extraction and
269 crystallized. The coloring principle consists predominantly of *trans*- β -carotene together with variable
270 amounts of *cis* isomers of β -carotene. The solvents used in the extraction and purification are ethanol,
271 isopropanol, ethyl acetate, and isobutyl acetate.

272
273 Some yeast species (such as *Rhodotorula glutinis*, *R. minuta*, *R. mucilaginosa*, and *R. graminis*) can also be
274 used for the production of carotenoids. *R. glutinis* is able to grow in various agricultural raw materials
275 (such as sugar cane juice, peat extract, whey, grape must, beet molasses, hydrolyzed mung bean waste
276 flour, soybean and corn flour extracts and sugar cane molasses) for carotenoid production. Depending
277 on the growing conditions, such as carbon and nitrogen sources, *R. glutinis* may produce carotenoid
278 mixtures with profiles quite variable, but in general β -carotene is the main product (Ribeiro and others,
279 2011).

280
281 Among bacteria, some carotenogenic species can produce β -carotene as the main carotenoid. They
282 must have the central metabolism inhibited by inorganic salts and urea, as in the case of *Flavobacterium*
283 *multivorum* (Ribeiro and others, 2011).

284 285 ➤ β -Carotene from algae

286
287 Algae are a group of non-vascular plants which are autotrophic and are able to harness solar energy.
288 They account for the largest quantities of biomass accumulation through the photosynthesis
289 mechanism (Dufosse and others, 2005). The genus *Dunaliella* is one of the most reported for the
290 production of carotenoids and belongs to the group of halotolerant unicellular microalgae. Species
291 from this genus can accumulate large amounts of β -carotene in chloroplasts when high luminous
292 intensity is obtained (Ribeiro and others, 2011). Commonly cultivated species are *D. salina* and *D.*
293 *bardawil* (Dufosse and others, 2005).

294
295 Carotenes are obtained by solvent extraction of the dried *Dunaliella*. The solvents used for the
296 extraction are carbon dioxide, acetone, methanol, propan-2-ol, hexane, ethanol, and vegetable oil. The
297 main coloring principles are *trans* and *cis*- β -carotene together with minor amounts of other carotenoids
298 such as α -carotene and xanthophyll. Besides the color pigments, carotenes may contain lipids,
299 naturally occurring in the source material, food grade vegetable oil, and tocopherol added to retard
300 oxidation of the pigment (JECFA specification, 2007).

301

302 According to the petition, β -carotene is produced from natural strains of the algae *D. salina*, an algae
303 grown in large saline lakes located in Whyalla, South Australia. It is extracted from the algae using
304 carbon dioxide, ethanol, or vegetable oil. No less than 96% total extracted coloring matters will be in
305 the form of β -carotene.

307 (C) Extraction from Plant (Vegetable)

308
309 β -Carotene from vegetables is derived from solvent extraction of carrots, oil of palm fruit, sweet potato,
310 and other edible plants with subsequent purification. The solvents used for the extraction include hexane,
311 acetone, ethyl acetate, ethanol, and ethyl lactate (Ribeiro and others, 2011). The main coloring principles
312 are α - and β -carotenes of which β -carotene accounts for the major part. Besides the color pigments, these
313 substances may contain oils, fats and waxes naturally occurring in the source material (JECFA
314 specification, 2006).

315
316 Although β -carotenes obtained from both synthetic chemicals and natural sources (such as fungi, algae, or
317 plant) have the same molecular polyenic structure, the β -carotenes made from natural sources contain
318 several other carotenoids in low concentrations (Ribeiro and others, 2011).

320 (D) Other Methodology

321
322 Nowadays, combinatorial genetic engineering is being addressed, based on an increasing number of
323 known carotenogenic gene sequences (Mijts and others, 2005). According to the review reported by
324 Dufosse and others (2005), it is stated "Research projects mixing molecular biology and pigments were
325 investigated all over the world and it seems that current productions are not effective in terms of final
326 yield."

327
328 **Evaluation Question #2: Describe the most prevalent processes used to manufacture or formulate the**
329 **petitioned substance. Further, describe any chemical change that may occur during manufacture or**
330 **formulation of the petitioned substance when this substance is extracted from naturally occurring plant,**
331 **animal, or mineral sources. (7 U.S.C. § 6502 (21))**

332
333 As described in Evaluation Question (Evaluation Question) #1, the petitioned substance can be made from
334 synthetic chemicals, or made from natural sources using microorganisms or algae or is extracted from
335 plants. The most prevalent processes are as follows:

337 (A) Chemical Synthesis

338
339 The majority of β -carotene commercialized in the world is by chemical synthesis from β -ionone (Raja and
340 others, 2007; Ribeiro and others, 2011). β -ionone was originally synthesized from natural resources, such as
341 lemon grass oil or turpentine from pine, but currently β -ionone is produced from acetone or butadiene.
342 According to 21CFR 184.1245 (a), β -carotene is synthesized by saponification of vitamin A acetate. It stated
343 "The resulting alcohol is either reacted to form vitamin A Wittig reagent or oxidized to vitamin A
344 aldehyde. Vitamin A Wittig reagent and vitamin A aldehyde are reacted together to form β -carotene."

345
346 The synthetic product is predominantly all *trans* isomers of β -carotene together with minor amounts of
347 other carotenoids; diluted and stabilized forms (including solutions or suspensions of β -carotene in edible
348 fats or oils, emulsions and water dispersible powders) are prepared from β -carotene (JECFA specification,
349 2006).

351 (B) Biological Production Processes

352
353 According to Echavarri-Erasun and Johnson (2002), fungi and microalgae appear most promising for
354 industrial production of carotenoids.

355

356 ➤ β -Carotene from filamentous fungi (*Blakeslea trispora*)

357
358 The source organism, the mold *Blakeslea trispora*, is a plant commensal of tropical plants, some strains
359 of which produce high levels of β -carotene. The fungus exists in (+) and (-) mating type, of which the
360 (+) type synthesizes trisporic acid, a precursor of β -carotene. Mating the two types in a specific ratio,
361 the (-) type then produces large amounts of β -carotene. Glucose and corn steep liquor could be used
362 as carbon and nitrogen sources. By-product of cheese manufacture, i.e. whey, has also received
363 consideration, with strains acclimatized to lactose.

364
365 The production process proceeds essentially in two stages (Dufosse, 2006):

- 366 • The initial stage, fermentation process, seed cultures are produced from the original strain cultures
367 and subsequently used in an aerobic submerged batch fermentation to produce a biomass rich in β -
368 carotene.
- 369 • The second stage, the recovery process, the biomass is isolated and transformed into a form
370 suitable for isolating β -carotene, which is extracted from the biomass with ethyl acetate, suitably
371 purified and concentrated, and the β -carotene crystallized from the mother liquor.

372
373 The final product is either crystalline β -carotene (purity>96%) or it is formulated as a 30% micronized
374 suspension in vegetable oil. The production process is controlled by good manufacturing practice
375 procedures, adequate hygiene control, and adequate control of the raw materials (Dufosse, 2006).

376
377 ➤ β -Carotene from microalgae (*Dunaliella salina*)

378
379 According to Browitzka's report (1998), the halophilic green flagellate, *Dunaliella salina*, is the best
380 natural source of the carotenoid β -carotene. The processes of commercial production β -carotene by *D.*
381 *salina* are as follows (Dufosse and others, 2005; Dufosse, 2006; Oren, 2010):

- 382 • Cultivation — It is carried out in either extensive cultures in large unstirred outdoor ponds
383 (extensive culture system), or more intensively in paddlewheel stirred raceway ponds (intensive
384 culture system). *D. salina* is a halotolerant organism which grows in high salt concentration.
385 Essentially the algae require bicarbonate as a source of carbon and other nutrients such as nitrate,
386 sulfate, and phosphate. It can be operated in two stages. First, initial growth phase requires in
387 nitrate rich medium; magnesium salt is essential as it is required for chlorophyll production. In the
388 second stage, nitrate limitation is induced to stimulate carotenogenesis. For the carotenogenesis
389 phase, nitrate depletion along with salinity maintenance and light stress are essential.
- 390 • Harvesting — For the extensive culture system, flocculation and surface adsorption are used.
391 Flocculants such as alum (aluminum sulfate), ferric chloride, ferric sulfate, lime, or polysaccharides
392 are employed. For the intensive culture system, centrifuges are generally applied (centrifugation
393 using continuous-flow and automatic discharge) to harvest the cells.
- 394 • Drying — Algal biomass after harvesting can be dehydrated by using freeze-drying, spray-drying,
395 or drum drying.
- 396 • Extraction — β -Carotene can be isolated from algal biomass or dried powder by using hot edible oil
397 extraction, supercritical carbon dioxide, or other solvents (such as hexane, ethanol, chloroform, and
398 diethyl ether).

399
400 The extracted β -Carotene can be concentrated, crystallized, and a range of different formulations
401 produced, depending on the final application.

402
403 **(C) Extraction from Plant (Vegetable)**

404
405 For producing β -carotene from plant sources, the classical method is solvent extraction. In a review article
406 reported by Aberoumand (2011), it stated "Today, only one crystalline carotene preparation extracted from
407 dehydrated carrots is still on the market."

408

409 **Evaluation Question #3: Provide a list of non-synthetic or natural source(s) of the petitioned substance**
 410 **(7 CFR § 205.600 (b) (1)).**

411
 412 Natural sources of β -carotene, as so-called natural β -carotene, have been mentioned in Evaluation
 413 Questions #1 & #2. According to Aberoumand's review report (2011), only one crystalline carotene
 414 extracted from dehydrated carrots is still on the market today. However, other vegetable sources have
 415 been pointed out as having great potential for the production of β -carotene, shown in Table 2 (Ribeiro and
 416 others, 2011).

417
 418 Table 2. Potential Vegetable Resources Rich in β -Carotene
 419

Vegetable Resources	Carotenoids ($\mu\text{g/g}$)	β -Carotene (%)
Carrot (<i>Daucus carota</i>)	85-174	49-65
Palm (oil) (<i>Elaeis guineensis</i>)	470-700	54.4
Sweet potato (<i>Ipomoea batatas</i>)	160-226	92-95
Buriti (fruit) (<i>Mauritia vinifera</i>)	513.9	72.5
Barbados cherry (<i>Malpighia glabra</i>)	8.8-18.8	69.8-90.6
Tucumã (<i>Astrocaryum aculeatum</i>)	62.6-96.6	75.6-89.3
Pajurá (<i>Couepia bracteosa</i>)	17.8	92.1
Piquiá (<i>Caryocar villosum</i>)	21	85.4
Umari (<i>Poraqueiba sericea</i>)	102.9	78.9

420
 421 It is estimated that the worldwide market of carotenoids will grow 2.3% per year, reaching USD 920 million
 422 in 2015 (BCC Research, 2008; Ribeiro and others, 2011). β -Carotene accounts for 32% of this market, with a
 423 global market estimated to surpass USD 280 million in 2015. Only 2% of the total β -carotene produced
 424 worldwide is natural and is mainly used as a nutritional supplement (Dufosse and others, 2005; Ribeiro
 425 and others, 2011).

426
 427 BCC Research's report on *the Global Market for Carotenoids* (2008) stated in part:
 428 β -Carotene is still the most prominent carotenoid used in foods and supplements, but due to a
 429 changing consumer perception, primarily in Europe, the product is suffering from natural
 430 replacements, specifically carrot juice, and market growth in the past few years was much lower
 431 than expected. In parallel, the number of producers of synthetic and algae derived β -carotene rose
 432 sharply, which added to the imbalance of supply and demand, driving prices down...

433
 434 **Evaluation Question #4: Specify whether the petitioned substance is categorized as generally**
 435 **recognized as safe (GRAS) when used according to FDA's good manufacturing practices. (7 CFR §**
 436 **205.600 (b)(5))**

437
 438 The petitioned substance (β -carotene, CAS Reg. No. 7235-40-7) is listed on 21 CFR §184.1245 of Subpart B
 439 (*Listing of Specific Substances Affirmed as GRAS*) of PART 184 (*DIRECT FOOD SUBSTANCES AFFIRMED AS*
 440 *GENERALLY RECOGNIZED AS SAFE*). In accordance with FDA, the affirmation of β -carotene as GRAS as
 441 a direct human food ingredient is based upon the following current good manufacturing practice
 442 conditions of use (§184.1245):

- 443 • The ingredient is used as a nutrient supplement as defined in §170.3(o)(20).
- 444 • The ingredient is used in the following foods at levels not to exceed current good manufacturing
 445 practice: dairy product analogs as defined in §170.3(n)(10); fats and oils as defined in §170.3(n)(12); and
 446 processed fruits and fruit juices as defined in §170.3(n)(35). β -carotene may be used in infant formula
 447 as a source of vitamin A.

448
 449 The following are excerpts from 21 CFR Part 170 *Food Additives* §170.3 *Definitions*:
 450

451 “§170.3 (o)(20) Nutrient supplements : Substances which are necessary for the body's nutritional and
452 metabolic processes.
453 §170.3 (n)(10) Dairy product analogs, including nondairy milk, frozen or liquid creamers, coffee
454 whiteners, toppings, and other nondairy products.
455 §170.3 (n)(12) Fats and oils, including margarine, dressings for salads, butter, salad oils, shortenings
456 and cooking oils.
457 §170.3 (n)(35) Processed fruits and fruit juices, including all commercially processed fruits, citrus,
458 berries, and mixtures; salads, juices and juice punches, concentrates, dilutions, “ades”, and drink
459 substitutes made therefrom.”
460

461 β -Carotene was evaluated by the Select Committee on GRAS Substances (SCOGS) in 1979. The SCOGS
462 concluded that there was no evidence in the available information on β -carotene that demonstrated, or
463 suggested reasonable grounds to suspect a hazard to the public when it was used at levels at that time or
464 might reasonably be expected in the future (SCOGS Report No. 111).
465

466 In addition, β -carotene is listed under *Everything Added to Food in the United States* (EAFUS) in
467 FDA/CFSAN's the Priority-based Assessment of Food Additives (PAFA) database. The EAFUS list of
468 substances contains ingredients added directly to food that FDA has either approved as food additives or
469 listed or affirmed as GRAS.
470

471 **Evaluation Question #5: Describe whether the primary function/purpose of the petitioned substance is**
472 **a preservative. If so, provide a detailed description of its mechanism as a preservative. (7 CFR § 205.600**
473 **(b)(4))**
474

475 No information sources reviewed specifically address the primary function/ purpose of β -carotene as a
476 preservative.
477

478 **Evaluation Question #6: Describe whether the petitioned substance will be used primarily to recreate**
479 **or improve flavors, colors, textures, or nutritive values lost in processing (except when required by law)**
480 **and how the substance recreates or improves any of these food/feed characteristics. (7 CFR § 205.600**
481 **(b)(4))**
482

483 The petitioned substance is under FDA Regulation PART 73 — *LISTING OF COLOR ADDITIVES EXEMPT*
484 *FROM CERTIFICATION*. The color additive is β -carotene prepared synthetically or obtained from natural
485 sources (21 CFR §73.95(a)(1)); it may be safely used for coloring foods generally, in amounts consistent with
486 good manufacturing practice, except that it may not be used to color those foods for which standards of
487 identity have been promulgated unless added color is authorized by such standards (21 CFR §73.95(c)).
488 According to FDA the standard of identity for margarine, it stipulates “...provitamin A (β -carotene) shall
489 be deemed to be a color additive” (21 CFR §166.110(b)(6)). β -Carotene imparts a yellow color to foods.
490

491 When β -Carotene is used as food colorant, its concentrations generally are between 2 and 50 parts per
492 million (ppm) so that its color contribution to the foods is from yellow to orange (Ribeiro and others, 2011).
493 As Dziezak (1987) notes, colorants are added to consumable products for the sole purpose of enhancing the
494 visual appeal. The reasons for adding colors to foods include (Aberoumand, 2011):

- 495 • to replace color lost during processing,
- 496 • to enhance color already present,
- 497 • to minimize batch to batch variations, and
- 498 • to color otherwise uncolored food.
- 499

500 β -Carotene can also be used as a nutrient ingredient to replace vitamin A lost in processing, or as an added
501 nutrient that may be lacking in the diet (FDA Website, Types of Food Ingredients, 2010). It may be added
502 in flour, breads, cereals, rice, macaroni, margarine, salt, milk, fruit beverages, energy bars, and instant
503 breakfast drinks.

504
505 **Evaluation Question #7: Describe any effect or potential effect on the nutritional quality of the food or**
506 **feed when the petitioned substance is used. (7 CFR § 205.600 (b)(3))**
507

508 The petitioned substance is a precursor of vitamin A (also called a provitamin A carotenoid). According to
509 the FDA regulations, the affirmation of β -carotene as GRAS is used as a nutrient supplement
510 (§184.1245(c)(1)) and it may be used in infant formula as a source of vitamin A (§184.1245(c)(2)). Vitamin A
511 is a fat-soluble vitamin that is essential for humans and other vertebrates. It is important for normal vision,
512 gene expression, reproduction, embryonic development, growth, and immune function.
513

514 In the report on *Dietary Reference Intakes for Vitamin A, Vitamin K, Arsenic, Boron, Chromium, Copper, Iodine,*
515 *Iron, Manganese, Molybdenum, Nickel, Silicon, Vanadium, and Zinc* by Food and Nutrition Board of Institute of
516 Medicine (IOM) (2001), it has indicated that current dietary patterns appear to provide sufficient vitamin A
517 to prevent deficiency symptoms such as night blindness. The estimated average requirement is based on
518 the assurance of adequate stores of vitamin A. The Recommended Dietary Allowance (RDA) for men and
519 women is 900 and 700 μg retinol activity equivalents (RAE)/day or 3000 and 2310 International Units
520 (IU)/day, respectively (IOM, 2001). [Note: 1 RAE = 3.3 IU] However, there is no RDA for β -carotene. The
521 IOM (2001) stated that consuming 3 mg to 6 mg of β -carotene daily (equivalent to 833 IU to 1,667 IU
522 vitamin A) will maintain blood levels of β -carotene in the range associated with a lower risk of chronic
523 diseases.
524

525 At present, it is unclear whether the biological effects of carotenoids in humans are a result of their
526 antioxidant activity or other non-antioxidant mechanisms (LPI, 2009). Some provitamin A carotenoids
527 have been shown to function as antioxidants in laboratory studies; however, this role has not been
528 consistently demonstrated in humans (IOM, 2001). Although, the FDA's food labeling regulation (21 CFR
529 §101.54(g)(3)) indicates that β -carotene may be a subject of the claim when the level of vitamin A present as
530 β -carotene in the food that bears the claim is sufficient to qualify for the claim. For example, for the claim
531 "good source of antioxidant β -carotene," 10 percent or more of the Recommended Daily Intake for vitamin
532 A must be present as β -carotene per reference amount customarily consumed.
533

534 **Evaluation Question #8: List any reported residues of heavy metals or other contaminants in excess of**
535 **FDA tolerances that are present or have been reported in the petitioned substance. (7 CFR § 205.600**
536 **(b)(5))**
537

538 According to the specification of β -carotene in Food Chemical Codex (2010-2011), it stipulates the impurity
539 acceptable criterion for a heavy metal is not more than 5 mg/kg (5 ppm) lead. Moreover, the specification
540 of the color additive β -carotene, which may be safely used for coloring foods, in FDA regulation (21 CFR
541 §73.95(b)) specifies that lead is not more than 10 ppm and arsenic is not more than 3 ppm.
542

543 No information sources can be identified to suggest that the petitioned substance contains residues of
544 heavy metals or other contaminants in excess of FDA's Action Levels for Poisonous or Deleterious
545 Substances in Human Food.
546

547 **Evaluation Question #9: Discuss and summarize findings on whether the manufacture and use of the**
548 **petitioned substance may be harmful to the environment. (7 U.S.C. § 6517 (c) (1) (A) (i) and 7 U.S.C. §**
549 **6517 (c) (2) (A) (i))**
550

551 I. MANUFACTURE

552

553 The petitioned substance can be produced from synthetic chemicals or natural sources (such as fungi,
554 algae, or plants):
555

556 (A) Synthetic chemicals

557
558 There are two commonly used methods (Grignard and Wittig reactions) of chemical synthesis of β -
559 carotene, see Evaluation Question #1. The synthesis process from the Grignard reaction presents a yield of
560 60%, while the process used the Wittig reaction presents a yield of 85 percent. Although the yield of the
561 Wittig reaction method is higher than the Grignard reaction method, the Wittig reaction method has a
562 drawback—low biodegradability of triphenylphosphine oxide, which is used as a catalyst during one
563 chemical reaction step. According to Fisher's Material Safety Data Sheet (MSDS) (2008),
564 triphenylphosphine oxide is harmful to aquatic organisms and may cause long-term adverse effects in the
565 aquatic environment. This chemical has to be recycled. The industrial recovery process comprises three
566 phases: distillation, chlorination with phosgene, and dehalogenation with aluminum (Ribeiro and others,
567 2011).

569 (B) Natural sources — the production of β -carotenes are made from renewable sources

- 570
571 ➤ β -Carotene made from filamentous fungi (*Blakeslea trispora*)

572
573 The fungus *Blakeslea trispora* lives in commensalism with tropical plants; some strains in nature are big
574 producers of β -carotene and other carotenoids. It has been shown to be nonpathogenic and
575 nontoxic (Dufosse, 2006). The fungi are grown in large-scale fermenters using food-grade raw
576 materials, such as glucose, corn steep liquor, and cheese whey (Dufosse, 2006). As in the recovery
577 process, β -carotene is obtained from the fungal biomass by solvent extraction and crystallized with
578 high purity, see Evaluation Question #2. Ishida and Chapman (2009) reported that ethyl acetate is
579 most commonly used for extracting carotenoids. Ethyl acetate is not considered to be environmentally
580 friendly and is highly flammable (explosive). Although it can be produced by reaction of ethanol and
581 acetic acid, its primary source is from petroleum (Ishida and Chapman, 2009).

- 582
583 ➤ β -Carotene made from microalgae (*Dunaliella salina*)

584
585 *Dunaliella* species are commonly observed in salt lakes in all parts of the world from tropical to
586 temperate to polar regions where they often impart an orange-red color to the water. As in commercial
587 cultivation of the production, β -carotene is accumulated as droplets in the algal chloroplast stroma,
588 especially under the environmental conditions in high temperature, high salinity, high irradiance, and
589 nutrient limitation (low nitrogen). Then, β -carotene may be obtained from algal biomass or dried
590 powder by using hot edible oil extraction and supercritical carbon dioxide, see Evaluation Question #2.

591
592 In addition, it is desirable to re-utilize the culture medium remains after harvesting (biomass removal).
593 *Dunaliella* growth medium could be recycled biologically by treating the medium with bacteria that are
594 naturally present in medium because of the high concentration of glycerol, amino acids, and other
595 organic compounds (Ben-Amotz, 1995). In a review article conducted by Dufosse et al. (2005), they
596 concluded that algal forms are the richest source of pigments and can be produced in a renewable
597 manner, since they produce some unique pigments sustainably. The report also stated that the
598 production of β -carotene from *Dunaliella* will surpass synthetic as well as other natural sources due to
599 microalgae sustainability of production and their renewable nature.

- 600
601 ➤ β -Carotene made from plant extraction

602
603 β -Carotene is extracted from plant material using a solvent, such as hexane, acetone, ethyl acetate,
604 ethanol, and ethyl lactate. Among these solvents, ethyl lactate is an environmentally friendly solvent
605 produced from the fermentation of carbohydrate feedstock available from the corn and soybean
606 industries (Ishida and Chapman, 2009). Colorless ethyl lactate has a relatively high flashpoint, is
607 environmentally benign, and can be completely biodegraded into CO₂ and water. In Ishida and
608 Chapman's research (2009), they indicated that ethyl lactate is almost as efficient as ethyl acetate, which

609 is most commonly used for extracting carotenoids to be used in food products, for the extraction of β -
610 carotene.

611 II. USE

612 No Occupation Safety and Health Administration (OSHA) Vacated Permissible Exposure Limits (PELs) are
613 listed for β -carotene.

614 According the MSDS in the petition, it stated "Natural Carotene WD 20 AP is the extract of natural
615 carotenoids; rendered water soluble using a blend of maltodextrin modified starch, sugar and MCT oil. D1-
616 α -tocopherol & ascorbic acid are added as anti-oxidants." It also showed that ingredient is β -carotene and
617 its CAS No. is 33261-80-20. [Note: 33261-80-20 is NOT the CAS No. for β -carotene. Moreover, the content
618 of β -carotene is not specified.] For ecological information, it stated "Natural Carotene WD 20 AP is
619 biodegradable. Do not allow to enter natural waterways." This product should be handled in accordance
620 with good occupational hygiene and safety practices, and avoid contact with skin and eyes. The workers
621 should wear appropriate protective eyeglasses (or chemical safety goggles), gloves, and clothing; in
622 addition to use suitable dust mask or breathing apparatus where aerosols created.

623 **Evaluation Question #10: Describe and summarize any reported effects upon human health from use of**
624 **the petitioned substance. (7 U.S.C. § 6517 (c) (1) (A) (i), 7 U.S.C. § 6517 (c) (2) (A) (i) and 7 U.S.C. § 6518**
625 **(m) (4))**

626 *Beneficial Effects*

627 As stated above, see Evaluation Question # 7, β -carotene is a vitamin A precursor or a provitamin A
628 carotenoid. Absorbed β -carotene can be converted by the body to retinol and be subsequently made into
629 retinal and retinoic acid (other forms of vitamin A) (IOM, 2001). Vitamin A is used by eyes to synthesize
630 the light-sensitive retinal pigments. In addition, vitamin A plays an important role in bone growth,
631 reproduction, cell division, and cell differentiation (in which a cell becomes part of the brain, muscle, lungs,
632 blood, or other specialized tissue.); it helps regulate the immune system, which will prevent or fight off
633 infections by making white blood cells that destroy harmful bacteria and viruses (IOM, 2001). Vitamin A
634 also may help lymphocytes (a type of white blood cell) fight infections more effectively. In addition,
635 vitamin A promotes healthy surface linings of the eyes and the respiratory, urinary, and intestinal tracts
636 (Semba, 1998). When those linings break down, it becomes easier for bacteria to enter the body and cause
637 infection. It also helps the skin and mucous membranes function as a barrier to bacteria and viruses (Ross,
638 1999; Harbige, 1996).

639 According to IOM's report released in 2001, it has indicated that although a large body of observational
640 epidemiological evidence suggests that higher blood concentrations of β -carotenes and other carotenoids
641 obtained from foods are associated with a lower risk of several chronic diseases, there is currently not
642 sufficient evidence to support a recommendation that requires a certain percentage of dietary vitamin A to
643 come from provitamin A carotenoids in meeting the vitamin A requirement. However, IOM Dietary
644 Reference Intakes for Vitamin C, Vitamin E, Selenium, and Carotenoids of Year 2000 recommended the
645 increase of consumption of carotenoid-rich fruits and vegetables for their health-promoting benefits. In
646 addition, the IOM 2001 report stated that " β -carotene supplements are not advisable for the general
647 population," although they also state that this advice "does not pertain to the possible use of supplemental
648 β -carotene as a provitamin A source for the prevention of vitamin A deficiency in populations with
649 inadequate vitamin A".

650 Research suggests that the form of β -carotene may affect its absorption and potency. Ben-Amotz and Levy
651 (1996) indicated that synthetic beta-carotene (containing all-*trans* isomers only) was a less effective
652 antioxidant than natural β -carotene derived from the alga *Dunaliella bardawil* (which contains equal
653 amounts of all-*trans* and 9-*cis* isomers) because the 9-*cis* isomer showed more antioxidant activity than the
654 all-*trans* isomer (Ben-Amotz and Levy, 1996).

663
664
665*Adverse Effects*

666 Provitamin A carotenoids such as β -carotene are generally considered safe because they are not associated
667 with specific adverse health effects (NIH, 2006). Their conversion to vitamin A decreases when body stores
668 are full. A high intake of provitamin A carotenoids can turn the skin yellow, but this is not considered
669 dangerous to health. According to the Select Committee on GRAS Substances (SCOGS) Report on
670 “Carotene (β -carotene)” (1979), it concluded that “There is no evidence in the available information on
671 carotene (β -carotene) that demonstrates, or suggests reasonable grounds to suspect, a hazard to the public
672 when it is used at levels that are now current or that might reasonably be expected in the future.”
673

674 However, data indicate that high oral doses of β -carotene may increase the risk of death (NIH, 2012). In
675 randomized trials with more than 180,000 participants, daily synthetic β -carotene supplementation
676 increased the risk of death from any cause (relative risk [RR] of 1.07 compared to 1.0 in controls)
677 (Bjelakovic et al., 2007). Another study indicated that doses of 20 mg synthetic β -carotene daily for 5-8
678 years led to an increased risk of lung cancer (RR of 1.06) (ATBC Study Group, 2003). An increased lung
679 cancer risk (RR of 1.28) was also seen in a group of smokers receiving a combination of 30 mg β -carotene
680 and 25,000 IU of retinol per day over about 4 years, compared with unsupplemented smokers (Omenn et
681 al., 1996). In addition, taking large doses of a multivitamin plus a separate β -carotene supplement has been
682 linked to the possibility of an increased risk of advanced male prostate cancer (NIH, 2012). A recent study
683 showed that men with excessive multivitamin use (more than 7 times per week) had increased risk of
684 advanced and fatal prostate cancer, especially when combined with other supplements including β -
685 carotene (Lawson et al., 2007). At this time, both animal and human data are unclear regarding whether β -
686 carotene promotes or helps prevent cancer (Bendich et al., 2004), but its carcinogenic effects likely depend
687 upon the dose and the health status and behaviors (e.g., smoking) of the patient. Carcinogenicity may also
688 depend upon whether the β -carotene is synthetic or naturally derived (Challem, 1997). As stated in the
689 previous section on beneficial effects, the 9-*cis* isomer is thought to be a better antioxidant than the all-*trans*
690 isomer. The 9-*cis* isomer is the direct precursor to 9-*cis* retinoic acid in the intestine. Retinoids are
691 implicated in preventing the process of carcinogenesis (acting as an anti-tumor agent and tissue growth
692 regulator); thus, it may be that only the natural forms of β -carotene that contain the 9-*cis* isomer have
693 beneficial cancer-fighting properties (Patrick, 2000).
694

Potential as a Food Allergen

695
696
697 According to Lucas et al. (2001), allergies to β -carotene are rare. Studies have seen a relatively low
698 incidence of allergic reactions in patients given oral doses of nonsynthetic β -carotene (Fuglsang *et al.*, 1993,
699 1994 and Juhlin, 1981 in Lucas et al., 2001); however it should be noted that methodological limitations
700 make the results somewhat questionable (Lucas et al., 2001). In addition, a recent study (Sato et al., 2010)
701 found that supplementation with natural carotenoids (in foods) may actually prevent the development of
702 food allergies. Authors found that high α - and β -carotene diets in mice reduced production of allergic
703 antibodies and development of anaphylactic responses in ovalbumin (egg white protein)-sensitized mice
704 (Sato et al., 2010). A cross-sectional study in humans found that low serum total carotenoid level was
705 significantly associated with the prevalence of allergic rhinitis (congestion caused by inflammation of the
706 membranes inside of the nose), suggesting that a diet high in carotenoids may have a protective effect on
707 allergic rhinitis in adults (Kompauer et al., 2006). No information on the allergenic potential of β -carotene
708 from algal sources was identified.
709

Recommended Dosages

710
711
712 The Joint FAO/WHO⁷ Expert Committee on Food Additives (JECFA) has evaluated several β -carotenes
713 (which may be produced by chemical synthesis or obtained by extraction from a microorganism, algae, or

⁷ Food and Agriculture Organization/World Health Organization

714 vegetables) containing the same chemical entity as the functional component in relation to its food additive
715 use but obtained from different source materials and/or different manufacturing processes. The
716 Committee has reached various conclusions in its evaluations for an acceptable daily intake (ADI) for a
717 man:

718
719 (A) A group ADI of 0-5 mg/kg body weight (bw) for β -carotene, synthetic and from *Blakeslea trispora*,
720 established at the 57th JECFA in 2001. [Note: 0-5 mg as sum of the carotenoids including β -carotene, β -apo-
721 8'-carotenal, β -carotenoic acid methyl ester, and β -carotenoic acid ethyl ester (WHO FAS 6, 1975).]
722

723 In the 57th report of JECFA on Safety Evaluation of Certain Food Additives and Contaminants— β -
724 carotene derived from *blakeslea trispora* (WHO FAS 48, 2001), the Committee concluded that, on the
725 basis of the source organisms, the production process, and its composition characteristics, β -carotene
726 from *B. trispora* does not raise specific concerns and from a toxicological point of view should be
727 considered equivalent to chemically synthesized β -carotene, for which an ADI of 0–5 mg/kg bw was
728 established by the Committee at its 18th meeting (see below). This opinion was supported by the
729 negative results in two tests for genotoxicity (mutagenesis and chromosomal aberration) considered at
730 the 57th meeting. Therefore, the Committee established a group ADI of 0–5 mg/kg bw for synthetic β -
731 carotene and β -carotene derived from *B. trispora*. This ADI applies to use of β -carotene as a coloring
732 agent and not to its use as a food supplement (WHO FAS 48, 2001).
733

734 A β -Carotene toxicological evaluation was conducted at the 18th meeting of JECFA in 1974. In the
735 report published the next year (WHO FAS 6, 1975), the Committee stated that β -carotene is a normal
736 constituent of the human diet and is commonly ingested over the entire lifespan of man. Its biological
737 importance rests on the provitamin A function. Concerning the known clinical syndrome of
738 hypervitaminosis A in man, evidence from human experience indicates that in very exceptional
739 circumstances excessive dietary intakes can occur. Such cases have been reported in the literature but
740 do not relate to food additive use of this color. Despite poor absorption from the gastrointestinal tract
741 cases of human hypervitaminosis have occurred. The results of short-term toxicity studies in rats and
742 dogs have shown that over a wide range of doses toxic effects have not been produced. Similarly,
743 multi-generation tests in rats using levels up to 1000 ppm have not revealed any adverse effects. In
744 addition, the JECFA concluded that “In the light of the above comments it appears justifiable to apply a
745 smaller safety factor to the no-effect level established in long-term studies.” Furthermore, estimate of
746 ADI, 0-5 mg/kg bw, was established at the 18th meeting (WHO FAS 6, 1975).
747

748 According to WHO Technical Report Series No. 557 (1974), it indicated that carotenes (natural) were
749 reviewed at the 18th meeting by the Committee when it was concluded that further information was
750 required before a specification could be developed. Therefore, no toxicological evaluation was
751 prepared and no ADI was established for natural carotene at that time. ADI of 0-5 mg/kg bw was
752 established for synthetic carotene.
753

754 (B) No ADI allocated for β -carotene from algae established at the 41st JECFA in 1993.
755

756 Carotenes from natural sources (algal and vegetable) are reviewed by the JECFA at the 41st meeting
757 and reported on Toxicological Evaluation of Certain Food Additives and Contaminants of WHO Food
758 Additives Series No. 32. The Committee considered the data inadequate to establish an ADI for the
759 dehydrated algal carotene preparations or for the vegetable oil extracts of *Dunaliella salina*. [Note:
760 There is no history of use of *Dunaliella* algae as food (WHO FAS 32, 1993).]
761

762 (C) ADI “acceptable” for β -carotene from vegetables, provided the level of use does not exceed the level
763 normally found in vegetables, established at the 41st JECFA in 1993.
764

765 In the toxicological monograph (WHO FAS 32, 1993), the JECFA identified that no relevant
766 toxicological data on vegetable extracts were available. However, the Committee concluded that there

767 was no objection to the use of vegetable extracts as coloring agents, provided that the level of use did
 768 not exceed the level normally present in vegetables. The report stated that “implicit in this conclusion
 769 is that the extracts should not be made toxic by virtue of the concentration of toxic compounds
 770 (including toxicants naturally occurring in the vegetables) nor by the generation of reaction products or
 771 residues of a nature or in such amounts as to be toxicologically significant.”
 772

773 **Evaluation Question #11: Provide a list of organic agricultural products that could be substituted for**
 774 **the petitioned substance. (7 CFR § 205.600 (b)(1))**
 775

776 Currently, “beta-carotene extract color, derived from carrots (CAS # 1393-63-1)” is listed on NOP the
 777 National List of Allowed and Prohibited Substance under § 205.606 Nonorganically produced agricultural
 778 products allowed as ingredients in or on processed products labeled as “organic.” (d) Colors derived from
 779 agricultural products (7 CFR §205.606 (d)(3)).
 780

781 Organic annatto extract is an organically produced agricultural ingredient that could be substituted for the
 782 petitioned substance. According to 606organic.com, a website administered and maintained by the
 783 Accredited Certifiers Association, Inc., annatto extract color is commercially available in an organic form
 784 from D. D. Williamson & Co., Inc. [Note: D. D. Williamson & Co., Inc. is also the petitioner for this
 785 substance (beta-carotene extract color).]
 786

787 In the FDA regulations, annatto extract is a food color additive and is exempted from certification listed in
 788 21 CFR §72.30. Annatto extract may be safely used for coloring foods generally, in amounts consistent with
 789 good manufacturing practice, except that it may not be used to color those foods for which standards of
 790 identity have been promulgated unless added color is authorized by such standards (21 CFR §73.30(c)).
 791 Certification of this color additive is not necessary for the protection of the public health in accordance with
 792 21 CFR §72.30 (e). Annatto extract color is included on the National List as a nonorganically-produced
 793 agricultural product allowed as an ingredient in or on processed products labeled as “organic” (7 CFR
 794 §205.606 (d)(3)). The yellow to orange colors of annatto comes from the outer layer of seeds of the tropical
 795 tree *Bixa orellana*. The carotenoids (bixin and norbixin) are responsible for the appearance of the yellow to
 796 orange colors. The pH and solubility affect the color hue; the greater the solubility in oil, the brighter is the
 797 color. Annatto extract are available in water soluble, oil soluble, and oil/water dispersible forms. Since it
 798 precipitates at low pH, it is also available as an emulsion, an acid proof state. Annatto has been used for
 799 over two centuries as a food color especially in cheese and in various other food products (Gordon and
 800 others, 1982; Aberoumand, 2011).
 801

802 Based on the database of NOP Certified Operations, as of 2010, following is a tabulated list for the names
 803 and addresses of companies producing or handling organic annatto (NOP Certified Operations, 2010):
 804

COMPANY	ADDRESS
Fundación Chankuap	Vidal Rivadeneira y Hernando de Benavente, Macas, Morona Santiago, EC Ecuador
Productos SKS Farms Cía. Ltda.	Julio Zaldumbide 398 y Mira Valle, Quito, Pichincha, EC Ecuador
Whole Herb Co.	Sonoma, CA 95476
Fores Trade Europe	Wijnkoopsbaai 16 Capelle a/d IJssel, 2904 BP, Netherland
Aryan International FZC	P.O. Box.- 5232, Fujairah, United Arab Emirates
PR 200 - APROAP	Caixa Postal 149, Umarama - PR CEP: 87502-970, Brazil
BA 036 - Coop. dos Produtores Org. do Sul da Bahia - CABRUCA	Rua Jasmim, N° 25 Nelson Costa, Ilhéus - BA CEP: 45656-140, Brazil
Superior Natural Foods	44 St. Croix Trail South, Lakeland, MN 55043

805
806

807 **References**

- 808
- 809 Aberoumand, A. 2011. A Review Article on Edible Pigments Properties and Sources as Natural
810 Biocolorants in Foodstuff and Food Industry. World Journal of Dairy & Food Sciences 6 (1): 71-78, 2011.
811
- 812 Accredited Certifiers Association, Inc., 606organic website. Organic B-carotene extract color. In:
813 606organic.com. [Accessed April 29, 2011] [http://606organic.com/results.php?product=B-](http://606organic.com/results.php?product=B-carotene%20extract%20color)
814 [carotene%20extract%20color](http://606organic.com/results.php?product=B-carotene%20extract%20color)
815
- 816 ATBC Study Group. 2003. Incidence of cancer and mortality following α -tocopherol and β -carotene
817 supplementation. JAMA 290(4):476-485. Retrieved March 20, 2012 from [http://jama.ama-](http://jama.ama-assn.org/content/290/4/476.full)
818 [assn.org/content/290/4/476.full](http://jama.ama-assn.org/content/290/4/476.full)
819
- 820 Ball, G. 1996. Determination of the fat-soluble vitamins in foods by high-performance liquid
821 chromatography. In: Handbook of Food analysis. Vol. 1. Physical Characterization and Nutrient Analysis.
822 Marcel Dekker, New York, p 602-604.
823
- 824 BCC Research. 2008. Global Market for Carotenoids. Food and Beverage. March 2008.
825 <http://www.bccresearch.com/report/carotenoids-market-fod025c.html>
826
- 827 Ben-Amotz, A., Levy, Y. 1996. Bioavailability of a natural isomer mixture compared with synthetic all-*trans*
828 β -carotene in human serum. Am J Clin Nutr 63:729-734. Retrieved March 26, 2012 from
829 <http://www.ajcn.org/content/63/5/729.full.pdf>
830
- 831 Ben-Amotz, A. 1995. New mode of *Dunaliella* Biotechnology: two-phase growth for β -carotene production.
832 J Appl Phycol 7:65-68.
833
- 834 Ben-Amotz, A., Gressel, J., Avron, M. 1987. Massive Accumulation of phytoene induced by norflurazon in
835 *Dunaliella bardawil* (Chlorophyceae) prevents recovery from photoinhibition. J Phycol 23:176-181
836
- 837 Bendich, A. 2004. From 1989 to 2001: What have we learned about the “biological actions of beta-carotene”?
838 J Nutr 134: 225S-230S. Retrieved March 26, 2012 from <http://jn.nutrition.org/content/134/1/225S.long>
839
- 840 Bjelakovic, G., Nikolova, D., Gluud, L.L., Simonetti, R.G., Gluud, C. 2007. Mortality in randomized trials of
841 antioxidant supplements for primary and secondary prevention: Systemic review and meta-analysis.
842 JAMA 297(8):842-857. Retrieved March 20, 2012 from [http://jama.ama-](http://jama.ama-assn.org/content/297/8/842.full.pdf+html)
843 [assn.org/content/297/8/842.full.pdf+html](http://jama.ama-assn.org/content/297/8/842.full.pdf+html)
844
- 845 Britton, G., Liaaen-Jensen, S., and Pfander, H. 1996. Carotenoids. (Vol. 2: Synthesis). Stuttgart, Germany:
846 Birkhäuser Verlag Basel.
847
- 848 β -CAROTENE, synthetic. 2006. In: JECFA Specification Monograph. [http://www.fao.org/ag/agn/jecfa-](http://www.fao.org/ag/agn/jecfa-additives/specs/Monograph1/additive-113-m1.pdf)
849 [additives/specs/Monograph1/additive-113-m1.pdf](http://www.fao.org/ag/agn/jecfa-additives/specs/Monograph1/additive-113-m1.pdf)
850
- 851 β -CAROTENE from *BLAKESLEA TRISPORA*. 2007. In: JECFA Specification Monograph.
852 <http://www.fao.org/ag/agn/jecfa-additives/specs/monograph4/additive-112-m4.pdf>
853
- 854 β -Carotene. 2011. In: Schedule IV, Part II, Class 7. Vitamin Products and Yeast Products. Proposed
855 amendments to the Feeds Regulations. Canadian Food Inspection Agency. 2011-03-25.
856 <http://www.inspection.gc.ca/english/anima/feebet/ind/sched/schedu4je.shtml>
857
- 858 β -CAROTENE (Vegetable). 2006. In: JECFA Specification Monograph. [http://www.fao.org/ag/agn/jecfa-](http://www.fao.org/ag/agn/jecfa-additives/specs/Monograph1/additive-115-m1.pdf)
859 [additives/specs/Monograph1/additive-115-m1.pdf](http://www.fao.org/ag/agn/jecfa-additives/specs/Monograph1/additive-115-m1.pdf)

- 860
861 CGSB (Canadian General Standards Board). 2011. General Principles and Management Standards:
862 CAN/CGSB-32.310-2006. Amended June 2011. Retrieved March 28, 2012 from [http://www.tpsgc-](http://www.tpsgc-pwgsc.gc.ca/ongc-cgsb/programme-program/norms-standards/internet/bio-org/documents/032-0311-2008-eng.pdf)
863 [pwgsc.gc.ca/ongc-cgsb/programme-program/norms-standards/internet/bio-org/documents/032-0311-](http://www.tpsgc-pwgsc.gc.ca/ongc-cgsb/programme-program/norms-standards/internet/bio-org/documents/032-0311-2008-eng.pdf)
864 [2008-eng.pdf](http://www.tpsgc-pwgsc.gc.ca/ongc-cgsb/programme-program/norms-standards/internet/bio-org/documents/032-0311-2008-eng.pdf)
865
866 Carotene. 2006. In: Food Additives Permitted for Use in Canada—Health Canada. 2006-12-11.
867 http://www.hc-sc.gc.ca/fn-an/securit/addit/diction/dict_food-alim_add-eng.php#c
868
869 Carotene. 2007. In: Natural Health Products Ingredients Database —Health Canada. 2007-04-18.
870 <http://webprod.hc-sc.gc.ca/nhp-id-bdipsn/ingredReq.do?id=1048&lang=eng>
871
872 CAROTENES (Algae). 2007. In: JECFA Specification Monograph. [http://www.fao.org/ag/agn/jecfa-](http://www.fao.org/ag/agn/jecfa-additives/specs/monograph4/additive-114-m4.pdf)
873 [additives/specs/monograph4/additive-114-m4.pdf](http://www.fao.org/ag/agn/jecfa-additives/specs/monograph4/additive-114-m4.pdf)
874
875 Carotene, β - (368. Carotene, β -). 1975. In: WHO Food Additive Series 6. Toxicological Evaluation of Some
876 Food Colours, Enzymes, Flavour Enhancers, Thickening Agent, and Certain Food Additives. World Health
877 Organization, Geneva, 1975.
878
879 Carotenes, B-(Vegetable); Carotenoids. 2010. In: Codex General Standard for Food Additives, Table
880 One—Additives Permitted for Use Specified Conditions in Certain Food Categories or Individual Food
881 Items. CODEX STAN 192-1995. Revision 2010. p 66-69.
882
883 Challem, J.J. 1997. Re: Risk factors for lung cancer and for intervention effects in CARET, the beta-carotene
884 and retinol efficacy trial. *Journal of the National Cancer Institute* 89(4):325. Retrieved March 27, 2012 from
885 <http://jnci.oxfordjournals.org/content/89/4/325.1.full.pdf>
886
887 Codex Alimentarius Commission. 2010. Guidelines for the Production, Processing, Labelling, and
888 Marketing of Organically Produced Foods. Retrieved March 28, 2012 from
889 http://www.codexalimentarius.net/download/standards/360/cxg_032e.pdf
890
891 Davies, H. 1976. In: Goodwin, T.W. ed. *Chemistry and Biochemistry of Plant Pigments*. London:
892 Academic Press, 1976, p 38.
893
894 Directive 94/36/EC. In: Official Journal of the European Communities. No L 237. 10.9.94. European
895 Parliament and Council Directive 94/36/EC of 30 June 1994 on colours for use in food stuffs. p 13-18.
896
897 Directive 2004/47/EC. In: Official Journal of the European Union. No L 113. 20.4.2004. Commission
898 Directive 2004/47/EC of 16 April 2004 amending Directive 94/45/EC as regards mix carotenes (E 160a(i))
899 and β -carotene (E 160a(ii)). p 24-27.
900
901 Dufosse, L., Galaup, P., Yaron, A., Arad, S.M., Blanc, P., Murthy, K., and Ravishankar, G. 2005.
902 Microorganisms and microalgae as sources of pigments for food use: a scientific oddity or an industrial
903 reality? *Trends in Food Science & Technology* 16 (2005) 389-406.
904
905 Dufosse, L. 2006. Microbial Production of Food Grade Pigments. *Food Technol. Biotechnol.* 44(3) 313-321.
906
907 Dziezak, J.D., 1987. Applications of food colorants. *Food Technol.* 41 (4):78-88.
908
909 Echavarri-Erasun, C. and Johnson, E.A. 2002. Fungal Carotenoids. In: *Applied Mycology and*
910 *Biotechnology*. Vol. 2. Agriculture and Food Production. Elsevier Science B.V.
911

- 912 EPA, List 4A-Minimal Risk Inert Ingredients – By Chemical Name. In: List of Inert Pesticide Ingredients.
913 Updated August 2004. EPA, Office of Pesticide Programs.
914
- 915 EPA, List 4B-Other Ingredients for which EPA has sufficient information to reasonably conclude that the
916 current use pattern in pesticide products will not adversely affect public health or the environment – By
917 Chemical Name. In: List of Inert Pesticide Ingredients. Updated August 2004. EPA, Office of Pesticide
918 Programs.
919
- 920 EPA, Substance Registry Services. 2011.
921 [http://iaspub.epa.gov/sor_internet/registry/substreg/searchandretrieve/advancedsearch/search.do?search=?search=&searchCriteria\(advancedCriteria\)=casNumber=7235-40-7](http://iaspub.epa.gov/sor_internet/registry/substreg/searchandretrieve/advancedsearch/search.do?search=?search=&searchCriteria(advancedCriteria)=casNumber=7235-40-7). Last updated on June 16, 2011.
922
923
- 924 European Commission. Commission Regulation (EC) No 889/2008. Retrieved March 28, 2012 from
925 <http://eur-lex.europa.eu/LexUriServ/LexUriServ.do?uri=OJ:L:2008:250:0001:0084:EN:PDF>
926
- 927 Food Chemicals Codex (FCC). 2010-2011. β -Carotene. In: Food Chemicals Codex. 7th ed. Rockville, MD:
928 The US Pharmacopeial Convention. p 180.
929
- 930 FDA, 21 CFR §73.30 Annatto extract. <http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=b6c4a8d11fbd668f0b20d393b2d30208&rgn=div8&view=text&node=21:1.0.1.1.26.1.31.2&idno=21>
931
932
933
- 934 FDA, 21 CFR §73.95 β -Carotene. <http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=0934c97f71569f12caee3d89f4a4e8b5&rgn=div8&view=text&node=21:1.0.1.1.26.1.31.10&idno=21>
935
936
937
- 938 FDA, 21 CFR §73.1095 β -Carotene. <http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=0934c97f71569f12caee3d89f4a4e8b5&rgn=div8&view=text&node=21:1.0.1.1.26.2.31.9&idno=21>
939
940
941
- 942 FDA, 21 CFR §73.2095 β -Carotene. <http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=0934c97f71569f12caee3d89f4a4e8b5&rgn=div8&view=text&node=21:1.0.1.1.26.3.31.4&idno=21>
943
944
945
- 946 FDA, 21 CFR §101.54(g)(3). In: Nutrient content claims for “good source,” “high,” “more,” and “high
947 potency.” <http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&rgn=div8&view=text&node=21:2.0.1.1.2.4.1.1&idno=21>
948
949
- 950 FDA, 21 CFR §166.110 Margarine. <http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=0934c97f71569f12caee3d89f4a4e8b5&rgn=div8&view=text&node=21:2.0.1.1.39.2.1.1&idno=21>
951
952
953
- 954 FDA, 21 CFR §170.3 Definitions. <http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=455948b57c6c700436a0f490c7d3f56a&rgn=div8&view=text&node=21:3.0.1.1.1.1.1&idno=21>
955
956
957
- 958 FDA, 21 CFR §184.1245 B-carotene. <http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=0934c97f71569f12caee3d89f4a4e8b5&rgn=div8&view=text&node=21:3.0.1.1.14.2.1.57&idno=21>
959
960
961
- 962 FDA, B-Carotene, Doc No. 1857. In: Everything Added to Food in the United States (EAFUS).
963 FDA/CFSAN’s the Priority-based Assessment of Food Additives (PAFA) database.
964 <http://www.accessdata.fda.gov/scripts/fcn/fcnDetailNavigation.cfm?rpt=eafusListing&id=531>

- 965
966 FDA, SCOGS Report No. 111. 1979. Carotene (β -carotene). In: Database of Select Committee on GRAS
967 Substances (SCOGS) Reviews.
968 <http://www.accessdata.fda.gov/scripts/fcn/fcnDetailNavigation.cfm?rpt=scogsListing&id=75>
969
970 FDA website, Types of Food Ingredients. 2010. in Food Ingredients and Colors. International Food
971 Information Council (IFIC) and U.S. Food and Drug Administration November 2004; revised April 2010.
972 <http://www.fda.gov/food/foodingredientpackaging/ucm094211.htm#types>
973
974 Fisher Scientific. 2008. Material Safety Data Sheet (MSDS): Triphenylphosphine oxide. Revised: 2/28/2008.
975 <https://fscimage.fishersci.com/msds/85709.htm>
976
977 Fuglsang, G., Madsen, C., Saval, P., and Osterballe, O. 1993. Prevalence of intolerance to food
978 additives among Danish school children. *Pediatr Allergy Immunol* 4: 123-129.
979
980 Fuglsang, G., Madsen, C., Halcken, S., Jorgensen, M., Ostergaard, P. S., and Osterballe, O. 1994.
981 Adverse reactions to food additives in children with atopic symptoms. *Allergy* 49:31-37.
982
983 Furia, T.E. 1972. CFC handbook of Food Additives. 2nd edition, Vol.1. CRC Press, Inc. p 190.
984
985 Gordon, H.T., Bauernfeind, J.C., and Furia, T.E. 1982. Carotenoid as food colorants. In: Critical Reviews in
986 Good Science and Nutrition, 18: 1, p. 59-97.
987
988 Halliwell, B. and Gutteridge, J.M.C. 1999. Free Radicals in Biology and Medicine. 3rd ed. New York, NY:
989 Oxford University Press.
990
991 Harbige, L.S. 1996. Nutrition and immunity with emphasis on infection and autoimmune disease. *Nutr*
992 *Health*. 10:285-312. [PubMed abstract]
993
994 IFOAM (International Federation of Organic Agriculture Movements). 2010. The IFOAM Standard for
995 Organic Production and Processing; Version 2010 – Draft version 0.1. Compilation of comments and
996 responses from the IFOAM Standard Committee. Retrieved March 28, 2012 from
997 [http://www.ifoam.org/about_ifoam/standards/norms/IS_V0.1.withcommentsandresponses_final201108](http://www.ifoam.org/about_ifoam/standards/norms/IS_V0.1.withcommentsandresponses_final20110819.pdf)
998 [19.pdf](http://www.ifoam.org/about_ifoam/standards/norms/IS_V0.1.withcommentsandresponses_final20110819.pdf)
999
1000 Institute of Medicine (IOM). 2001. Vitamin A. In: Dietary Reference Intakes for Vitamin A, Vitamin K,
1001 Arsenic, Boron, Chromium, Copper, Iodine, Iron, Manganese, Molybdenum, Nickel, Silicon, Vanadium,
1002 and Zinc. Food and Nutrition Board, Institute of Medicine of the National Academies. The National
1003 Academies Press. Washington, D.C. January 9, 2001. p 82.
1004
1005 Institute of Medicine (IOM). 2000. β -Carotene and Other Carotenoids. In: Dietary Reference Intakes for
1006 Vitamin C, Vitamin E, Selenium, and Carotenoids. Food and Nutrition Board, Institute of Medicine of the
1007 National Academies. The National Academies Press. Washington, D.C. Vitamin A. August 3, 2000. p 325.
1008
1009 Ishida, B.K. and Chapman, M.H. 2009. Carotenoid Extraction from Plants Using a Novel, Environmentally
1010 Friendly Solvent. *Journal of Agricultural and Food Chemistry*. 57, p 1051-1059.
1011
1012 Isler, O. 1971. Carotenoids. Stuttgart, Germany: Birkhäuser Verlag Basel.
1013
1014 Japan Food Sanitation Law -- Table 1. 2006. Ministry of Health, Labor, and Welfare. Last amendment Law
1015 No 87, July 26, 2005. <http://www.tokio.polemb.net/files/Gospodarka/Handel/food-e.pdf>
1016

- 1017 Japan Ministry of Health, Labor, and Welfare: Food Additives -- List of Designated Additives and List of
1018 Existing Food Additives. <http://www.mhlw.go.jp/english/topics/foodsafety/foodadditives/index.html>
1019
- 1020 JECFA. 1974. β -Carotene (Synthetic). In: Evaluations of the Joint FAS/WHO Expert Committee on Food
1021 Additives (JECFA).
1022
- 1023 JECFA. 1989. Carotenes (Natural). In: Evaluations of the Joint FAS/WHO Expert Committee on Food
1024 Additives (JECFA).
1025
- 1026 JECFA. 1993. Carotenes (Vegetable). In: Evaluations of the Joint FAS/WHO Expert Committee on Food
1027 Additives (JECFA).
1028
- 1029 JECFA. 1993. Carotenes (Algae). In: Evaluations of the Joint FAS/WHO Expert Committee on Food
1030 Additives (JECFA).
1031
- 1032 JECFA. 2001. β -Carotene from *blakeslea trispora*. In: Evaluations of the Joint FAS/WHO Expert Committee
1033 on Food Additives (JECFA).
1034
- 1035 JMAFF (Japanese Ministry of Agriculture, Forestry and Fisheries). 2006. Japanese Agricultural Standard for
1036 Organic Processed Foods. Notification No. 1606. Retrieved March 28, 2012 from
1037 http://www.maff.go.jp/e/jas/specific/pdf/1416_2006.pdf
1038
- 1039 Juhlin, L. 1981. Recurrent urticaria: clinical investigation of 330 patients. *Br J Dermatol* 104: 369–381.
1040
- 1041 Kompauer, I., Henrich, J., Wolfram, G., Linseisen, J. 2006. Association of carotenoids, tocopherols, and
1042 vitamin C in plasma with allergic rhinitis and allergic sensitization in adults. *Public Health Nutr* 9(4):472-
1043 479. Retrieved March 26, 2012 from <http://www.ncbi.nlm.nih.gov/pubmed/16870019> [abstract]
1044
- 1045 Krinsky, N.I., Wang, X-D, Tang, G., and Russell, R.M. 1993. Mechanism of carotenoid cleavage to retinoids.
1046 *Ann NY Acad Sci* 691:167–176.
1047
- 1048 Lawson, K.A., Wright, M.E., Subar, A., Mouw, T., Hollenbeck, A., Schatzkin, A., Leitzmann, M.F. 2007.
1049 Multivitamin use and risk of prostate cancer in the National Institutes of Health – AARP Diet and
1050 Health Study. *J Natl Cancer Inst* 99: 754–64. Retrieved March 20, 2012 from
1051 <http://jnci.oxfordjournals.org/content/99/10/754.full.pdf+html>
1052
- 1053 Linus Pauling Institute (LPI) Micronutrient Information Center. 2009. Carotenoids. In: *Phytochemicals*.
1054 Linus Pauling Institute at Oregon State University.
1055
- 1056 Lucas, C.D., Hallagan, J.B., Taylor, S.L. 2001. The role of color additives in food allergy. *Advances in Food*
1057 *and Nutrition Research* 43:195-216. Retrieved March 26, 2012 from [http://harold-
1058 jr.tripod.com/sitebuildercontent/sitebuilderfiles/the_role_of_natural_color_additives_in_food_allergy.pdf](http://harold-jr.tripod.com/sitebuildercontent/sitebuilderfiles/the_role_of_natural_color_additives_in_food_allergy.pdf)
1059
- 1060 Merck Index. 2006. β -Carotene (Monograph No. 1853). In: *the Merck Index an Encyclopedia of Chemicals,*
1061 *Drugs, and Biologicals*. 14th ed. Whitehouse Station, NJ: Merck & Co., Inc. p 301.
1062
- 1063 Mijts, B.N., Lee, P.C., and Schmidt-Dannert, C. 2005. Identification of a carotenoid oxygenase synthesizing
1064 acyclic xanthophylls. *Combinatorial biosynthesis and directed evolution. Chemistry and Biology*. 12, p 453-
1065 460.
1066
- 1067 NIH (National Institutes of Health). 2012. Beta carotene. Retrieved March 20, 2012 from
1068 <http://www.nlm.nih.gov/medlineplus/druginfo/natural/999.html>
1069

- 1070 National Institutes of Health (NIH). 2006. Dietary Supplement Fact Sheet: Vitamin A and Carotenoids.
1071 Office of Dietary Supplements, National Institutes of Health. Updated: 4/23/2006.
1072
- 1073 Omenn, G.S., Goodman, G.E., Thornquist, M.D., Balmes, J., Cullen, M.R., Glass, A., Keogh, J.P., Meyskens,
1074 F.L., Valanis, B., Williams, J.H., Barnhart, S., and Hammar, S. 1996. Effects of combination of beta carotene
1075 and vitamin A on lung cancer and cardiovascular disease. *The New England Journal of Medicine* 334:1150-
1076 1155. Retrieved March 20, 2012 from <http://www.nejm.org/doi/pdf/10.1056/NEJM199605023341802>
1077
- 1078 Oren, A. 2010. Industrial and environmental applications of halophile microorganisms. *Environmental*
1079 *Technology*. Vol. 31, Nos. 8-9, July-August 2010, 825-834.
1080
- 1081 Patrick, L. 2000. Beta-Carotene: The controversy continues. *Alternative Medicine Review* 5(6):530-545,
1082 Retrieved March 27, 2012 from <http://www.altmedrev.com/publications/5/6/530.pdf>
1083
- 1084 Raja, R., Hemaiswarys, S., and Rengasamy, R. 2007. Exploitation of *Dunaliella* for β -carotene production.
1085 *Appl Microbiol Biotechnol*. 74:517-523.
1086
- 1087 Ribeiro, B.D., Barreto, D.W., and Coelho, M.A.Z. 2011. Technological Aspects of β -Carotene Production.
1088 *Food Bioprocess Technol*. DOI 10.1007/s11947-011-0545-3. Published online: 02 March 2011.
1089
- 1090 Ross, D.A. 1998. Vitamin A and public health: Challenges for the next decade. *Proc Nutr Soc*. 57:159-65.
1091 [PubMed abstract]
1092
- 1093 Russell, A. and Kenyon, R.L. 1943. *Organic Syntheses*. Vol. 23, p. 78.
1094
- 1095 Saari, J.C. 1994. Retinoids in photosensitive systems. In: Sporn MB, Roberts AB, Goodman DS, eds. *The*
1096 *Retinoids: Biology, Chemistry, and Medicine*, 2nd ed. New York: Raven Press. p 351-385.
1097
- 1098 Sato, Y., Akiyama, H., Matsoka, H., Sakata, K., Nakamura, R., Ishikawa, S., Inakuma, T., Totsuka, M.,
1099 Sugita-Konishi, Y., Ebisawa, M., Teshima, R. 2010. Dietary carotenoids inhibit oral sensitization and the
1100 development of food allergy. *J Agric Food Chem* 58 (12):7180-7186. Retrieved March 26, 2012 from
1101 <http://pubs.acs.org/doi/abs/10.1021/jf100519x> [abstract]
1102
- 1103 SCF. 2000. Opinion of the Scientific Committee on Food (SCF) on the safety of use of beta carotene from all
1104 dietary sources. SCF/CS/ADD/COL/159 Final. Sep. 14, 2000. European Commission Health & Consumer
1105 Protection Directorate-General.
1106
- 1107 Semba, R.D. 1998. The role of vitamin A and related retinoids in immune function. *Nutr Rev*. 56:S38-48.
1108 [PubMed abstract]
1109
- 1110 US Court of International Trade Reports: BASF Corp, Plaintiff, V. The United State, Defendant. 2005. Vol.
1111 29. p 681-695.
1112
- 1113 USDA, NOP Certified Operations. 2010. <http://apps.ams.usda.gov/nop/>
1114
- 1115 Wang, X.D., Krinsky, N., and Benotti, P. 1994. Biosynthesis of 9-*cis*-retinoic acid from 9-*cis*- β -carotene in
1116 human intestinal mucosa in vitro. *Arch Biochem Biophys* 313:150-155
1117
- 1118 WHO Food Additives Series (FAS) 6. 1975. B-Carotene. In: Toxicological evaluation of some food colours,
1119 enzymes, flavour enhancers, thickening agents, and certain other food additives. WHO Food Additives
1120 Series, No. 6, 1975. nos 354-400 on INCHEM.
1121 <http://www.inchem.org/documents/jecfa/jecmono/v06je15.htm>
1122

- 1123 WHO Food Additives Series (FAS) 32. 1993. Carotenes From Natural Sources (Algal and Vegetable). In:
1124 Toxicological evaluation of certain food additives and contaminants. WHO Food Additives Series, No. 32,
1125 1993. nos 783-803 on INCHEM. <http://www.inchem.org/documents/jecfa/jecmono/v32je07.htm>
1126
- 1127 WHO Food Additives Series (FAS) 48. 2001. Food Colour: B-Carotene Derived From *Blakeslea trispora*. In:
1128 Safety evaluation of certain food additives and contaminants. WHO Food Additives Series, No. 48, 2001.
1129 nos 1021-1044 on INCHEM. <http://www.inchem.org/documents/jecfa/jecmono/v48je04.htm>
1130
- 1131 WHO Technical Report Series (TRS) 557. 1974. Evaluation of certain food additives (Eighteenth report of the
1132 Joint FAO/WHO Expert Committee on Food Additives). FAO Nutrition Meetings Series, No. 54, 1974; WHO
1133 Technical Report Series, No. 557, 1974, and corrigendum.